



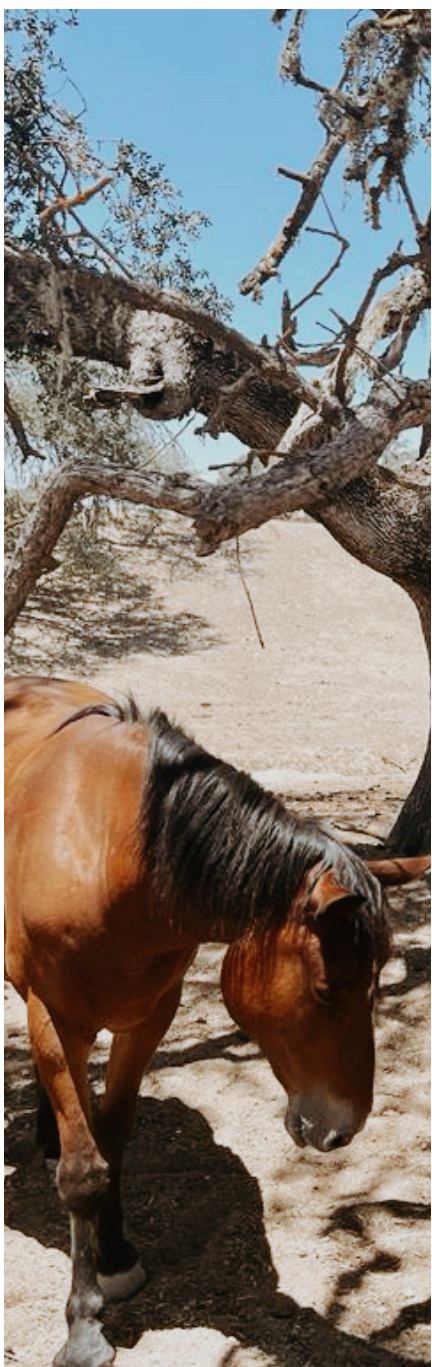
The Reflective Horse®
MASTERY
PROGRAM

'24 EDITION



To know yourself as the Being underneath the thinker, the stillness underneath the mental noise, the love and joy underneath the pain, is freedom, salvation, enlightenment. — *Eckhart Tolle*

TRH MASTERY 2024



The Reflective Horse® Mastery Program is a unique education program applying the principles of Equine Guided Empowerment® developed and utilized by Cassandra Ogier during her extensive career as an equine-guided facilitator. Participants have the opportunity to develop equine-guided facilitation and insight-based coaching skills through hands-on coursework and mentorship condensed into a six-month period.

TRH™ Mastery program is segmented into three immersive 5-day modules and supplemented through a series of exceptional guest webinars, guest facilitation, and hands-on coaching with Cassandra to ensure that the experience brings a rounded understanding of Equine Guided Empowerment® from the inside out. The end result is an understanding of not only the practice but the means by which each facilitator can apply their unique individuality to their professional work.

TABLE OF CONTENTS

| | |
|-----------------------|----|
| WHAT WE ASK OF YOU | 03 |
| CURRICULUM DETAIL | 04 |
| GUEST SPEAKERS | 05 |
| PROGRAM SUPPORT | 06 |
| APPLICATION & PRICING | 07 |
| LODGING & TRAVEL | 08 |
| APPLICATION | 09 |

WHAT WE ASK OF YOU

TRH™ Mastery program was created for those who are committed to their path, and expansion, as well as those committed to learning to hold space for others through becoming a professional Equine Guided Empowerment® facilitator.

To get the most out of this program, we ask that you only join us if you are willing to commit to the following during the program:



Attend all in-person modules in their entirety.



Block times each month for the Mentorship and Guest Speaker webinars. *If you cant make any of the webinars live, then we ask that you listen to the recording before the next session to keep up with the program.*



Set aside time during the week for the recommended reading.

WEBINARS

Webinars take place every 10-12 days rotating between Guest Speakers and Mentorship webinars.

- *Mentorship webinars will be an **hour** long.*
- *Guest Speaker Webinars will be an **hour and a half** long.*

CURRICULUM DETAIL

TRH™ Mastery program has been developed as a cumulative experience over the course of 3 modules and 6 months. Each module builds on foundational aspects of the practice, allowing participants to grow and gain confidence with each milestone.

module 1: *grounding*

APRIL / MON 15- FRI 19

Individuals will be encouraged to experience the insights derived from Equine Guided Empowerment® first-hand through an immersive 5 day experience.

Module 1 has two central themes: first-hand experience as a recipient and the exploration of horses as sensate and spiritual beings. Participants will be guided through the process of slowing down and connecting with the horses to gain personal experience with the modalities of Equine Guided Empowerment® and Somatic Reprogramming®. The historical relationship of horse and human provides a backdrop to this exploration, illustrating how Cassandra's practice has evolved traditional approaches to horsemanship and equine participation in therapy; where the liberation of the horse is essential to the effectiveness of the modalities explored.

Grounding the program in the experience of the individual creates a powerful, personalized framework from which exploration and insights can arise. A clear understanding from the perspective of the recipient lays the groundwork for Module 2 where participants deepen their understanding of key concepts from the perspective of a facilitator.

module 2: *understanding*

JULY / FRI 12- TUES 16

A deeper understanding of the concepts that guide Equine Guided Empowerment® are explored in detail with a focus on the horse-client experience and program arc. Participants are encouraged to explore insight-based coaching and their innate presence as a space holder, and how their practice can be evolved to align with their experience, interests, and personalities.

Module 2 delves into key concepts surrounding facilitation revisiting insights from module one through the lens of the facilitator. During this module, participants will build confidence in their facilitation skills and achieve a better understanding of how their unique life experience can be utilized to customize their practice.

Discussion and integration of insights and understanding gained from our Guest Speaker webinars may highlight or inform how participants share their understanding with others. Whilst guests speaking from the perspective of advocacy for horses may inform the direction of each individuals practice and values.

module 3: *sharing with others*

OCT / MON 14 - SAT 19

Under Cassandra's guidance, participants will develop and practice their facilitation and put the principles acquired over the previous months to practice within the group and in a guest-invited debut. Participants will utilize their knowledge and personal, meaningful understanding accumulated through TRH™ Mastery Program and apply this to their individual facilitation within the group experience. Valuable feedback will be invited from peers and guests to reflect their experience of the debut program, as well as webinar follow up to tie the experience together in an informed and productive shared assessment.

Basic business development and management acumen will also be covered to ensure that graduates are prepared to move forward with program development and the ability to manage their business.

TRH™ MASTERY 2024

PAST SPEAKERS INCLUDE



thereflectivehorse.com

Major Brad Gallup



Sumaya Abu-Haider



Kerri Lake



Cheyenne Price



Tara Davis



Shayna Hiller



Dr Dicken Bettinger



Emily Anderson



PROGRAM

SUPPORT

In addition to modules, possible adjunct experiences, and guest speaker webinars, TRH™ Mastery Program provides a wealth of support to ensure participants get the most out of their experiences.

- Monthly group mentorship webinars and Q&A with Cassandra
- Resources and support in the form of reading materials, research, and study guides
- Volunteer opportunities and hands-on experience between modules (*subject to host-ranch availability*)
- Private online access to all webinar and guest-speaker recordings
- Private online participant group forum via WhatsApp
- TRH™ Mastery Practitioner Certificate of Completion on culmination of full program
- Access to ongoing monthly TRH™ Mastery Practitioner Portal zoom, post-program
- Optional private post-program follow-up mentorship on request





APPLICATIONS & PRICING

Who is right for the TRH™ Mastery Program?



- PEOPLE WITH **EDUCATION, CERTIFICATION OR EXPERIENCE IN THE EQUINE GUIDED FACILITATION FIELD**
- PEOPLE WITH **COACHING OR MENTAL HEALTH PROFESSIONAL EXPERIENCE**
- PEOPLE WITH **EDUCATION OR INTEREST IN PSYCHOLOGY / SPIRITUALITY / COMMUNICATIONS / HUMAN DEVELOPMENT**

TRH™ Mastery Program is open to applicants wanting to become professional Equine Guided Empowerment® facilitators and for those who want to engage in a dynamic nature-based personal exploration.

Hands-on experience with horses in a personal / educational / professional capacity *is required*, but riding experience *is not* required. Additional prerequisites are an asset, but not a requirement.

Admission to the program is by application and determined based on a 1:1 interview with program founder Cassandra Ogier.

FULL PROGRAM PRICE: / **EARLY BIRD PRICE*:**
\$8900 / \$8500

- ▷ * Before December 1st 2023
- ▷ Cost does not include lodging, travel, and food
- ▷ Payment is due in full prior to program start unless a payment plan is agreed upon

application available
at the end of this
document

Lodging + Travel

Participants are responsible for their lodging and travel to and from module locations. This includes getting to Modules 1 & 2 and 3 location in California.

Suggested local accommodations will be provided. Participants will be introduced via introductory zoom, and WhatsApp group after registration to facilitate shared lodgings or travel if wished.

All modules will be held at Rancho de la Diosa in McKinleyville, California.





APPLICATION

**2024 PROGRAM APPLICATIONS DUE ON OR BEFORE:
FEBRUARY 20, 2024**

Spaces are limited, so early application is recommended. Please provide answers to: thereflectivehorse@gmail.com

This application is intended to help you explore your 'why', just as much as it is to help us get to know you better. Please take your time and provide thoughtful responses.

1

Name:
Date of Birth:
Contact details:
Address:
Email:
Phone:
Current profession:

2

- What is your experience with horses and in what capacity?
- In what capacity have you worked with people?
- Education, study or experience that is meaningful for you to share

3

- What draws you to TRH® Mastery Program?
- Why are you drawn to horses?
- What are your values and ethics with horses?
- What, if any, is your motivation to work with people through horses?
- What do you wish to experience through TRH™ Mastery Program?
- What is your vision for your future beyond TRH™ Mastery Program?
- This program is a thorough and intense personal exploration aimed toward holding space and facilitating others. What is your experience with your own personal development?
- Within any self-exploration or personal development practice, challenges and triggers are likely to arise. How do you approach challenges or triggers?